

TAEKWONDO MUSTANG
Milestone Edition Grand Prize



Win
a ticket
to
SINGAPORE



International Taekwondo Mustang Championship
Kyorugi.Poomsae.Freestyle.Team Fight.Family

VORARLBERGER LANDESMEISTERSCHAFT

02.05.2026

Turnhalle Mittelschule Oberau Hämmerlestraße 2, 6800 Feldkirch, Austria, Europe



5th International Taekwondo Mustang Championship 2026 (ITMC 5)

02.05.2026

Kyorugi, **TEAM FIGHT**

Recognised Poomsae, Family Poomsae, Para Poomsae, Freestyle
Speed Kicking and Mustang Parkour

Vorarlberg State Championship 2026



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- 1. Organizer:** Taekwondo Mustang-Feldkirch
Eve Hepp, MSc.
+43 664 227 3972
itmc.taekwondo.mustang@gmail.com
<https://taekwondo-mustang.group>
https://www.instagram.com/tkd_mustang_group
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- 2. Venue:** Sports Hall Mittelschule Oberau, Hämmerlestraße 2, 6800 Feldkirch, Austria
<https://maps.app.goo.gl/it9AxsDJAMXJrVcY8>
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- 3. Schedule:**
- 01.05.2026 (Friday)**
18:00 - 20:00 Sports Hall Mittelschule Oberau
- Registration and weigh-in (Kyorugi)
 - Registration for all disciplines
- 02.05.2026 (Saturday)**
07:00 - 08:30 Registration and weigh-in
09:00 - 09:15 Referee meeting
09:15 - 09:30 Team leader meeting
09:30 Opening ceremony
10:00 Start of competitions
13:00 Medal ceremony (Speed Kicking & Mustang Parkour – Bambini & Children under 12)
15:00 Lucky Draw (1 flight ticket to Singapore)
16:00 Medal ceremony (Speed Kicking & Mustang Parkour – age 12+)
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- 4. Online Registration:** **01.04.2026**
Kyorugi: <https://www.sportdata.org/taekwondo>
Poomsae: <https://turnier-check-in.eu/>
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- 5. Registration deadline:** **Sunday, 26 April 2026, 23:59 (CEST)**
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- 6. Payment deadline:** **Tuesday, 28 April 2026, 23:59 (CEST)**
Late payment fee: €50.
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- 7. Late registration:** Late registration is only possible if the double entry fee is paid before or at registration.



- 8. Age Requirements:**
- Age categories are based on year of birth.
 - Participants must present:
 - Passport or ID for age verification
 - TKD license for belt verification
 - Participation in the Vorarlberg Championship requires a TKD license issued by the Vorarlberg Taekwondo Association.

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- 9. Uniforms:** White dobok with white collar – coloured belts for Kup grades
Black/red collar dobok – Poom grades only
Black collar or DAN dobok – DAN grades only

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|------------------------|--------------------------------------------------------------------|---------------------------------------------------------------|
| 10. Entry Fees: | <u>KYORUGI</u> | <u>POOMSAE & FREESTYLE & PARA & FAMILY</u> |
| | 50 € - per athlete (Classes A, B, C) | 40 € - Individual |
| | 60 € - weight category change after deadline or at weigh-in | 50 € - Pair |
| | | 45 € - Team |
| | <u>Speed Kicking</u> | <u>Mustang Parkour</u> |
| | 10 € - per entry | 10 € - per entry |

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- 11. Bank details:** Name - **Taekwondo MUSTANG-Feldkirch**
Bank - Raiffeisenbank
BIC - **RVVGAT2B458**
IBAN - **AT83 3745 8000 0436 1713**
Reference-**ITMC 2026 + Club name**
All bank and currency transfer fees **must be covered by the clubs.**

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- 12. Team Leaders and Coaches**
- Each club may appoint only one team leader.
 - Only the team leader may register athletes, make changes or withdrawals, and pay fees or penalties. Only team leaders and coaches are allowed in the competition area.
 - Ratio: 1 coach per 5 athletes.

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- 13. Organizer Rights:**
- The organizer reserves the right to modify conditions during the event.
 - The organizer has the right to accept, reject, or disqualify athletes or teams not complying with regulations.

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- 14. Liability:**
- The organizer accepts no liability for personal injury, property damage, or loss.
 - All participants and parents/guardians agree to the disclaimer of liability when registering themselves or their minor children.
 - All participants and their parents/guardians **MUST** have their own accident and health insurance during their participation in the championship.
 - In addition, all participants and parents/guardians agree to the publication of their names in the results lists and the use of photos from the tournament and the award ceremony, including possible online publication.
 - Further details can be found in section 40 on the disclaimer and exemption from liability.



15. Awards:

ITMC 2026

Taekwondo MUSTANG will not participate in the scoring of the team medals.

Athletes' medals

(all categories)

- 1st place – gold medal
- 2nd place – silver medal
- 3rd place – bronze medal
- 4th place – bronze medal

Team trophy – Kyorugi

Team trophy – Poomsae, FS and Para

The following points will be added to award the winning teams.

- Gold medal - 9 points
- Silver medal - 3 points
- Bronze medal - 1 point (only the 3rd place)

Only those categories with competitors are taken into consideration. For example:

- Gold medal – minimum 2 starters
- Silver medal – minimum 3 starters
- Bronze medal – minimum 4 starters

The medals from the Vorarlberg State Championship are not included in the ITMC Team Trophy.

16. Medals:

Vorarlberg State Championship

- a. The Vorarlberg State Championship takes place at the same time as the International Taekwondo Mustang Championship.
- b. The **best Class A** athletes from Vorarlberg will be awarded a state championship medal (gold) and the title of "Vorarlberg State Champion."
- c. This rule applies only to athletes from Vorarlberg who are in possession of a Vorarlberg Taekwondo Pass with a valid signature from a president of the VTDV.
- d. The valid Vorarlberg Taekwondo Pass includes the ÖTDV annual sticker and must be presented upon registration.
- e. These medals will not be considered for the ITMC team trophy.
- f. The 2026 Vorarlberg State Championship will only be held in the Kyorugi, Poomsae, and Freestyle categories.



**5th International Taekwondo
Mustang Championship 2026 (ITMC 5)
Kyorugi
Vorarlberg State Championship 2026**



17. Head of referees & Arbitration: IR Sayed Ismael Saidi
said.ismael@live.at
 200 € Schiedsgerichtsgebühren

18. Head of Scoring System: **SPORTDATA**
 Michael Fellner, +43 664 445 5197
taekwondo.veranstaltungen@gmail.com
<https://www.sportdata.org/taekwondo>

19. Classes
Class A – 1st – 4th KUP, POOM, DAN
Class B – 5th KUP till 8th KUP
Class C – 9th KUP till 10th KUP

20. Competition Mode
 3 x 1.0 min. Bambini and Children
 3 x 1.5 min. Cadets
 3 x 2.0 min. Juniors and Seniors (30 seconds of break)
 3 x 2.0 min. Cadet, Juniors and Seniors Team (1 minute of break)

21. Competition System: Knockout system (K.O.) The new rules of the WT in Kyorugi are applied.
 (The Best of Three)

22. Protective equipment:

The electronic **KPnP** body protector and headgear are provided by the organizer.

Classes	electronic body protector	electronic headgear	KPnP sensor socks	Hogu (Vests)	Helmet	Mouth guard	Arm & Shin Protectors	Gloves	Groin guard	Socks
A	ITMC	ITMC	Athlete	-	-	Athlete	Athlete	Athlete	Athlete	-
B	ITMC	ITMC	Athlete	-	-	Athlete	Athlete	Athlete	Athlete	-
C	-	-	-	Athlete	Athlete	Athlete	Athlete	Athlete	Athlete	Athlete



23. Weight Categories:

Category	Gender	Age	Year	Weight categories (kg)									
				-23	-25	-27	-30	-33	-36	-40	+40		
Bambini	m/f	7-8	2018-2019	-23	-25	-27	-30	-33	-36	-40	+40		
Children	m/f	9-11	2015-2017	-27	-30	-33	-36	-40	-45	-50	+50		
Cadet	m	12-14	2012-2014	-33	-37	-41	-45	-49	-53	-57	-61	-65	+65
Cadet	f	12-14	2012-2014	-29	-33	-37	-41	-44	-47	-51	-55	-59	+59
Junior	m	15-17	2009-2011	-45	-48	-51	-55	-59	-63	-68	-73	-78	+78
Junior	f	15-17	2009-2011	-42	-44	-46	-49	-52	-55	-59	-63	-68	+68
Senior	m	18+	-2008	-54	-58	-63	-68	-74	-80	-87	+87		
Senior	f	18+	-2008	-46	-49	-53	-57	-62	-67	-73	+73		
Team	mmm	12-14	2012-2014	-150									
Team	fff	12-14	2012-2014	-140									
Team	mmm	15-17	2009-2011	-180									
Team	fff	15-17	2009-2011	-170									
Team	mmm	18 +	-2008	-200									
Team	fff	18 +	-2008	-200									

- If there is only **one** starter in the weight category, the athlete will compete in the **next higher** weight class.
- The organizer reserves the right to put weight categories and/or age groups together to facilitate a fight.
- Headgear with face shield** is recommended.
- Cadets in class B require a helmet with visor and **mouthguard**, which they must bring themselves.
- In team classes, the **total weight** per team applies.

24. Team Kyorugi Competition:

a. Team formation: Teams of 3 athletes from the same performance class, but no mixed teams.

b. Rules & Procedure:

- WT "Best of 3" rules. Winner per round.
- Victory after winning 2 rounds. Every team member must fight.
- Minimum fighting time before change: 15 seconds.
- Schedule: After individual competitions on one area.



**5th International Taekwondo
Mustang Championship 2026 (ITMC 5)
Recognised Poomsae, Freestyle, Para & Family
Vorarlberg State Championship 2026**



25. Head of referees & Arbitration:	IR Sayed Ismael Saidi said.ismael@live.at 100 € Schiedsgerichtsgebühren
26. Head of Scoring System:	UschuDo Softwaretechnik Uwe Schuss Dipl.-Ing. (FH) +49 172 7167 203 uwe.schuss@uschudo.de https://turnier-check-in.eu/
27. Competition mode:	<p>a. Class A: The forms for the knockout system for Class A will be drawn at random and published on Friday, May 1.</p> <p>b. Classes B + C: Athletes in Classes B + C can choose two forms from their respective form pools. It is possible to repeat the same forms in the next round.</p> <p>c. Class C: Class C athletes can perform 1st Taeguk twice if they only know this form.</p>
28. Classes:	<p>Class A - 1st – 2nd KUP, POOM, DAN (K.O. System)</p> <p>Class B - 3rd – 8th KUP (Cut-Off System)</p> <p>Class C - 9th – 10th KUP (Cut-Off System)</p> <p>* Due to system restrictions, 10th Kup must be registered as 9th Kup.</p> <p>* No mixing between classes is permitted.</p>
29. Pair:	<p>Class A – male/female</p> <p>Class B and C – any combinations</p> <p>*Athletes can only compete once in each category.</p>
30. Team:	<p>Class A – male/male/male, female/female/female</p> <p>Class B and C – any combinations</p> <p>*Athletes can only compete once in each category.</p>
31. Age combination:	<p>Athletes from respective classes may form a pair or team with different age groups. But they must compete in the highest age group and perform the self-chosen Poomsae for that age group. For example:</p> <p><i>If a 29-year-old female teams with a 15-year-old female and a 14-year-old female, they must compete in “under 31” class and all three should be able to perform the self-selected patterns from “under 31”. (Taeguk 4 – Pyongwon)</i></p>



32. Age, categories, and choice of Patterns:

Age	Category	Taeguk								Poomsae									
under 7 years old -2020	Bambini	1	2	3															
7 - 11 years old 2015-2019	Children	1	2	3	4	5	6	7	8	1									
12 - 14 years old 2012-2014	Cadet		2	3	4	5	6	7	8	1	2								
15 - 17 year old 2009-2011	Junior			3	4	5	6	7	8	1	2	3							
18 - 30 years old 1996-2008	Senior 1				4	5	6	7	8	1	2	3	4						
31 - 40 years old 1986-1995	Senior 2					5	6	7	8	1	2	3	4	5					
41 - 50 years old 1976-1985	Master 1						6	7	8	1	2	3	4	5	6	7			
over 51 years old -1975	Master 2							7	8	1	2	3	4	5	6	7	8		

- 33. FREESTYLE:**
- a. All contestants are to abide to WT freestyle rules.
 - b. They must follow the compulsory sequence.
 - c. Mixed teams of 3 and 5 can consist of all gender.
 - d. Only instrumental music is allowed.
 - e. Length of the performance: 90 – 100 seconds

Age	Category	Grades / Combinations
2009 -	Below 18 years old	<ul style="list-style-type: none"> • Single (all grades) • Pair (all grades m/m, f/f, f/m are allowed) • Mixed team of 3 (all grades are allowed) • Mixed team of 5 (all grades are allowed)
- 2008	18 years old and above	



34. Para TKD:

- a. Regardless of ages, categories and grades, all para-athletes are to perform **two** self-selected recognised WT Poomsae in the finals. (Taegeuk 1 to Hansu)
- b. The Para athletes can repeat the form.

Single – 1 athlete (f/m)		
Age category	Divisions	
<ul style="list-style-type: none"> • Under 31 (1996 and above) • 31 years old and above (1995 and below) 	P10	– Visual impairments
	P20	– Intellectually impaired
	P30	– Physical impairments
	P40	– Limb deficiency
Classes <ul style="list-style-type: none"> • KUP • DAN 	P50	– Wheelchair classes
	P60	– Deaf
	P70	– Short stature

35. Family

Poomsae:

- c. Regardless of ages, categories and grades, all athletes are to perform **two** self-selected recognized WT Poomsae in the **finals**.
- d. The patterns are **not** allowed to be repeated, except for the 9th and 10th KUP athletes.
- e. Family Poomsae is open for all siblings, parents, grandparents, aunts and uncles.
- f. **Coaches/Trainers** and their **athletes** could start in this category. (TKD Family)
- g. The **pairs** and **teams** will start in the **eldest** member age category.

For example:

If a 52-year-old coach/trainer starts with his 19-year-old athlete, they will start in “51 and above” age category.

Age/Category	Category	Patterns / Class
7 – 17 years old (2009-2019)	<ul style="list-style-type: none"> • Pair • Team of 3 	Taegeuk 1 – Hansu Class: Any combination
18 – 30 years old (1996-2008)		
31 – 50 years old (1976-1995)		
51 and above (1975)		

(Registrations for these combinations can only be made by email to Uwe Schuss - uwe.schuss@uschudo.de)



5th International Taekwondo Mustang Championship 2026 (ITMC 5) Speed Kicking & Mustang Parkour ~ Open to all Taekwondo athletes ~



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- 36. Age and gender** Ages based on year of birth and gender.
- a) 6 and below (Bambini)
 - b) 7- 11 (Children)
 - c) 12-14 (Cadet)
 - d) 15-17 (Junior)
 - e) 18-30 (Senior)
 - f) 31 and above
-
- 37. Target group** The disciplines (Speed Kicking and Mustang Parkour challenges) are open to all TKD athletes regardless of belts, according to age and gender.
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- 38. Time:**
- | | |
|-------------------------|---------------------------------------------------------------|
| 10:00 a.m. - 12:30 p.m. | Participants may start at any time during this period. |
| 12:30 p.m. - 1:00 p.m. | Break + consolidation of results |
| 1:00 p.m. | Awarding of medals (Bambini + Children under 12 years of age) |
| 1:30 p.m. – 3:30 p.m. | Participants may start at any time during this period. |
| 3:30 p.m. – 4:00 p.m. | Break + consolidation of results |
| 4:00 p.m. | Awarding of medals (ages 12 and up) |
-
- 39. Methods of competition (Kicking Challenge):**
- a) Only pandal-chagi kicks on the hogu (vest on the dummy) are valid.
 - b) Use either the right OR the left leg. Not both.
 - c) The kicking leg must be placed on the floor before kicking another time.
 - d) The highest number of correct kicks in 60 seconds onto the hogu wins.
 - e) Medals will be awarded to the top three from each age group and gender category.
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- 40. Method of competition (Mustang Parkour):**
- a) Participants must complete the fitness parkour as fast as possible.
 - b) Medals will be awarded to the top three participants from each age and gender group who finished the fastest.



41. Disclaimer and Waiver of Liability:

- a) The organising committee of the Taekwondo Mustang-Feldkirch cannot be held responsible for any injury sustained during the tournament. The competitors understand and accept all risks taken by registering for the competition.
- b) By registering and participating in the International Taekwondo Mustang Championship 2026 and/or the Vorarlberg Taekwondo Open Championship 2026, competitors agree that they participate at their own risk.
- c) In the case of minors, the club or the person carrying out the registration ensures that the consent of the parents/legal guardian has been obtained.
- d) Participants accept civil and criminal liability for any damage caused during the event (personal injury, property damage and consequential damage).
- e) The competitors waive any claims against the organiser and its appointed members and other vicarious agents in connection of any damaging incidents that occur during (direct or indirect connection with) the event "International Taekwondo Mustang Championship 2026 and / or the Open Vorarlberg National Championship 2026".
- f) This waiver is also declared for relatives and dependants. The competitors also indemnify the organiser TAEKWONDO MUSTANG-FELDKIRCH against claims by third parties.
- g) By registering, competitors expressly declare that they are in good health (medical certificate) and that they have taken out valid accident and health insurance cover in Austria.
- h) Competitors agree that pictures and film recordings made during the event may be published on websites and in printed matter and that their name may be included on lists of participants.
- i) With the application / registration, all competitors accept the organiser's conditions of participation according to the announcement, to be aware of all dangers and risks during participation in the INTERNATIONAL TAEKWONDO MUSTANG CHAMPIONSHIP 2026 and / or the VORARLBERG TAEKWONDO OPEN CHAMPIONSHIP 2026 and to fully accept all points mentioned in this disclaimer.

42. Anti-Doping:

Participants accept the anti-doping regulations of the National Anti-Doping Agency (NADA), the World Anti-Doping Agency (WADA) and the World Taekwondo (WT).

